



Vaccinated, Now What?

After the appointment:

Monitoring your health

- 1) Monitor for side effects
 - a. In the days following vaccination, monitor for side effects. Common side effects include:
 - i. Pain, redness, minor swelling at the injection site
 - ii. Tiredness, headache
 - iii. Muscle ache, joint pain, low fever, chills
- 2) Monitor for adverse events following immunization (AEFI)
 - a. Serious side effects following immunization are very rare. If you experience any of the following please seek medical attention immediately or call 911:
 - i. Hives
 - ii. Swelling of face or mouth
 - iii. Trouble breathing
 - iv. Pale skin or severe drowsiness
 - v. High fever (40°C)
 - vi. Convulsions or seizure

COVID-19 Safety

The COVID-19 vaccine is one form of protection against COVID-19. While COVID-19 rates remain high, COVID-19 safety guidelines will remain in effect to ensure safety of everyone. After either dose of the COVID-19 vaccine, please continue to follow public health guidelines which include:

- ✓ Limit close contacts to household members only
- ✓ Wear a mask when around people that are not household members
- ✓ Stay at least 2m distance from those that are not in your household
- ✓ Monitor for symptoms of COVID-19 and get tested if symptoms present
- ✓ Attend second appointment to ensure best protection against COVID-19

Vaccine Documentation

A receipt will be provided to you when you receive the vaccine. This receipt is for personal documentation of the dose received. Keep this receipt in a safe place and bring it to your second vaccine appointment.

Date of Second Appointment _____